

# Vermont Community Health Worker

VIRTUAL STAKEHOLDER EVENT

November 10, 2020

### AGENDA



TIME	SESSION
9:00	Welcome & Opening Comments
9:30	Building a Professional Identity & Establishing a Peer-to-Peer Communications Tool for CHWs
10:15	BREAK
10:30	Workforce Development for CHW's in Vermont
11:15	Proposed Curriculum for CHW Academic Certificate
12:00	BREAK
12:15	LUNCH GROUPS (OPTIONAL)
12:45	Integrating the CHW Role
1:45	Wrap Up Large Group Activity

Today—and every day—we are thankful for our state's community health workers and their compassion and commitment to the wellbeing of their clients and Vermont as whole.

# Thank You to Vermont's **Community Health** Workers

### **COMMUNITY HEALTH WORKERS**









"Community Health Workers - The workforce with many names – Diversity is their UNITY"

HealthVermont.gov/CHWs 5

Community Health Workers serve Vermonters across the state in health care and community organizations

# **Community Health Workers** work with **diverse patient populations:**

✓ Older adults

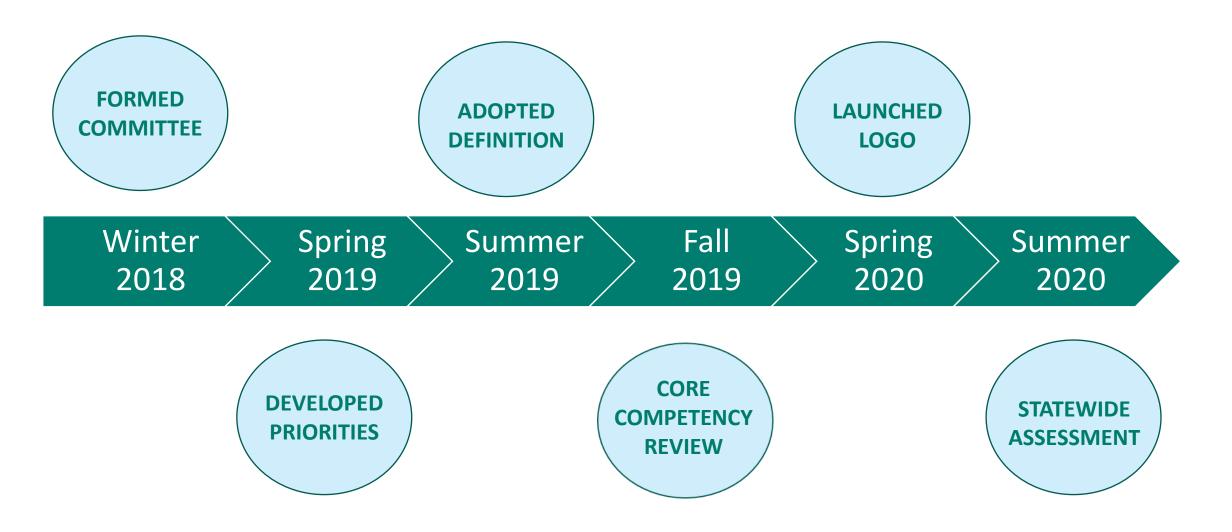
- ✓ Patients with complex needs
- ✓LGBTQ+
- ✓ People in substance use recovery
- ✓ Experiencing homeless
- ✓ People with mental health conditions
- ✓ Migrant farmworkers
- ✓ Parents and young families

COMMUNITY HEALTH WORKER ROLES

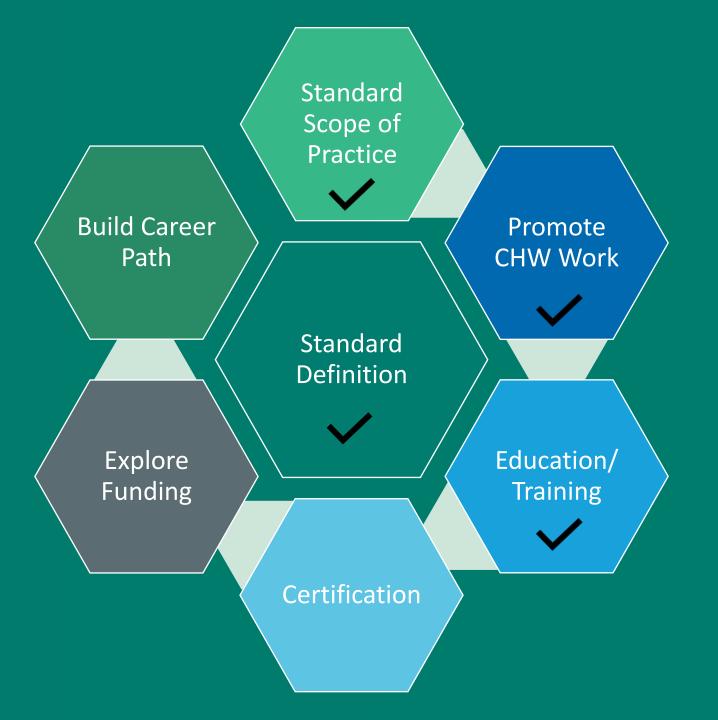
- Bridging the Gap Between Individuals, Communities and the Health and Social Service Systems
- Providing Culturally and Linguistically Appropriate Health Education and Information
- Care Coordination and System Navigation
- Case Management
- Providing Health Coaching and Social Support
- Conducting Individual and Community Assessments
- Advocating for Individuals and Communities
- Building Individual and Community Capacity
- Providing Direct Service
- Conducting Outreach







What goals related to community health workers do you hope to see this stakeholder group accomplish?

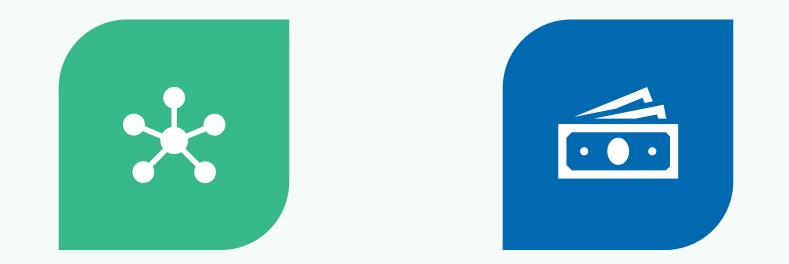


# NEXT STEPS/ PRIORITIES



PROFESSIONAL IDENTITY INTEGRATION OF CHWS WORKFORCE DEVELOPMENT

## also on our PRIORITY LIST...



#### STATEWIDE NETWORK

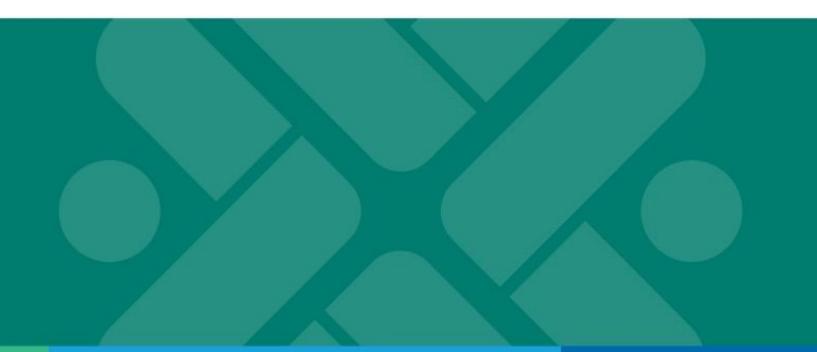


PROFESSIONAL IDENTITY & PEER-TO-PEER COMMUNICATION



# **CHW Brand Creation**

Alison Logan, Hark Nov. 9, 2020





### 1. Develop a **brand** for a future CHW peernetworking platform or statewide association.

2. Create a new visual identity system and key messages to unify and excite Vermont's CHW workforce.

### What's a Brand?



#### A Brand Is Not

- A company's name, logo, and tagline
- The colors and fonts a company uses
- An organization's website or social media page
- Something owned and maintained by the marketing department

#### A Brand Is

- A relationship between an organization and its customers
- Feelings you get when you interact with an organization, its people, and its products
- The lifeforce or ethos of an organization, embodied by all staff and even its customers



The sum of a brand's parts—the logo, name, tagline colors, fonts, tone of voice, key messages—must embody the defining characteristics of Community Health Workers themselves.

#### Process



#### Methods

- Brand discovery workshop & questionnaire
- In-depth interviews with Community Health Workers
- Environmental scan of other CHW brands and groups

#### Insights

- Common traits and characteristics of CHWs
- "Real world" explanations of the roles and responsibilities of CHWs
- Perceptions on the "state-of-thestate" of CHWs in Vermont
- Key CHW attributes and value proposition

### **CHWs Brand Narrative**



Community health workers work to promote the health and wellbeing of their clients and the communities in which they serve.



They are a community's connective tissue. They are the bridge between an individual and the support, compassion, and care they need to thrive.



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While their job titles and work settings are diverse, CHWs share in the fact that they are a lifeline for many of Vermont's most vulnerable citizens—aiding each in their unique health, emotional, and social circumstances.



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CHWs serve their communities in two ways: Through one-on-one listening, coaching, and self-management support—and through outreach, advocacy, and collaboration with health, addiction, mental health, social service, and community-based teams.



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The Community Health Workers of Vermont brand identity was established to embody, embolden, and amplify the efforts of this critical workforce. It also serves to honor and give back to CHWs for their energy, service, and commitment to the wellbeing of their clients and Vermont as whole.

#### **Brand Creation**

- Our Story
- Who We Are
- What We Do
- How We Do It
- Why It Matters
- Brand DNA





### **Brand Implementation**



#### Jane Doe

SASH Coordinator 802.123.4456 Jane.Doe@organization.org Organization.org



Community health workers are the bridge between individuals and the support, compassion, and care they need to thrive. HealthVermont.gov/CHWs Thank You to Vermont's Community Health Workers



Thanks to all community health workers for the critical and compassionate work that you do— especially during the COVID-19 pandemic.

# Thank You

# BREAK

# WORKFORCE DEVELOPMENT

#### **Vermont Process**



2019 Crosswalk analysis & development

2019 Steering Committee Review

2020 Inclusion in statewide survey

# **Core Competencies**

- Communication Skills
- Interpersonal and Relationship-Building Skills
- Service Coordination and Navigation Skills
- Capacity Building Skills
- Advocacy Skills
- Education and Facilitation/Coaching Skills
- Individual and Community Assessment Skills
- Outreach Skills
- Legal, Ethical and Professional Skills and Conduct
- Evaluation and Research Skills
- Use of Public Health Concepts and Approaches
- Cultural and Linguistic Competency





# WHY ARE CORE COMPETENCIES IMPORTANT?

- Help realize scope of practice
- Shape workforce training needs and subject areas for curricula
- Inform job descriptions
- Employee recruitment and orientation guide
- Performance assessment
- Shape existing & future competencies

#### **Narrative Exercise**



MARY

73-year-old living at home

Socially isolated due to COVID-19

Missed her last 2 primary care appointments

She suffers from chronic pain, hypertension and mild depression KAT

#### **Community Health Worker**

Employed by local organization

Has been working with Mary for 1 year

#### WHAT LEVEL OF EDUCATION, EXPERIENCE, OR REQUIREMENTS ARE NECESSARY FOR COMMUNITY HEALTH WORKERS IN YOUR ORGANIZATION?

High school diploma or GED, 10

Bachelor's degree, 10

Previous experience or connection to population serving, 9

Certification or licensure, 8

Associate's degree, 6

Advanced college degree, 4

Completion of a formal training program, 4

No educational requirements, 2

SKILLS TRAINING	Received Training	Like more Training	n value
Communication Skills (examples: Ability to communicate with the community served, utilizing motivational interviewing, health literacy, etc.)	83%	25%	84
Interpersonal and Relationship-Building Skills	82%	23%	83
Capacity Building Skills (examples: ability to help others identify goals, increase individual and community empowerment, build community connections, etc.)	80%	34%	83
Advocacy Skills	65%	41%	78
Education and Facilitation/Coaching Skills	67%	42%	78
Service Coordination and Navigation Skills	76%	29%	80
Outreach Skills	68%	37%	76
Legal, Ethical and Professional Skills and Conduct	72%	38%	74
Individual and Community Assessment Skills	70%	37%	79
Cultural and Linguistic Competency	62%	47%	74
Use of Public Health Concepts and Approaches	54%	58%	74
Evaluation and Research Skills	59%	46%	68



The U.S. Bureau of Labor Statistics projects employment of Community Health Workers to grow 11% from 2018-2028, much faster than the average for all occupations. Growth is driven by efforts to improve health outcomes, to reduce healthcare costs through education and prevention, and to strengthen connections to available healthcare services. The burgeoning demand for more Community Health Workers across the nation demonstrates the critical role they play on care teams.

# Proposed Community Health Worker Certificate

Candace Lewis Community College of Vermont

# History

CCV began discussing Population Health programming in 2015

Early conversations drew from existing CCV curriculum

2018 CDC grant provides greater recognition of community health workers in Vermont



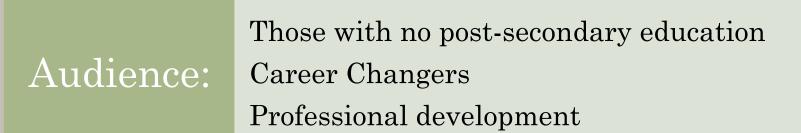
CHW roles differ across the state and by organization



Educational requirements vary, with some CHWs having no post-secondary education and some having advanced degrees

#### Considerations

### Role of Certificate Program



Certificate s must be:

Stackable into degree programs (Health Science or Behavioral Science)



#### Introductory Course



Courses supporting CHW core competencies

#### Capstone CHW

#### Core Curriculum:



# Introductory Courses

### Intro Courses

#### Intro to Healthcare:

- Current trends in healthcare
- Legal and ethical responsibilities
- Communication, workplace safety, physical assessment, and caregiving
- Overview of human development, biology, and disease

#### Intro to Human Services:

- General categories of services
- Exploration of specific agencies and programs
- Career exploration in human services

### Poll

Intro to Healthcare is most appropriate
Intro to Human Services is most appropriate
Offer choice based on student goals

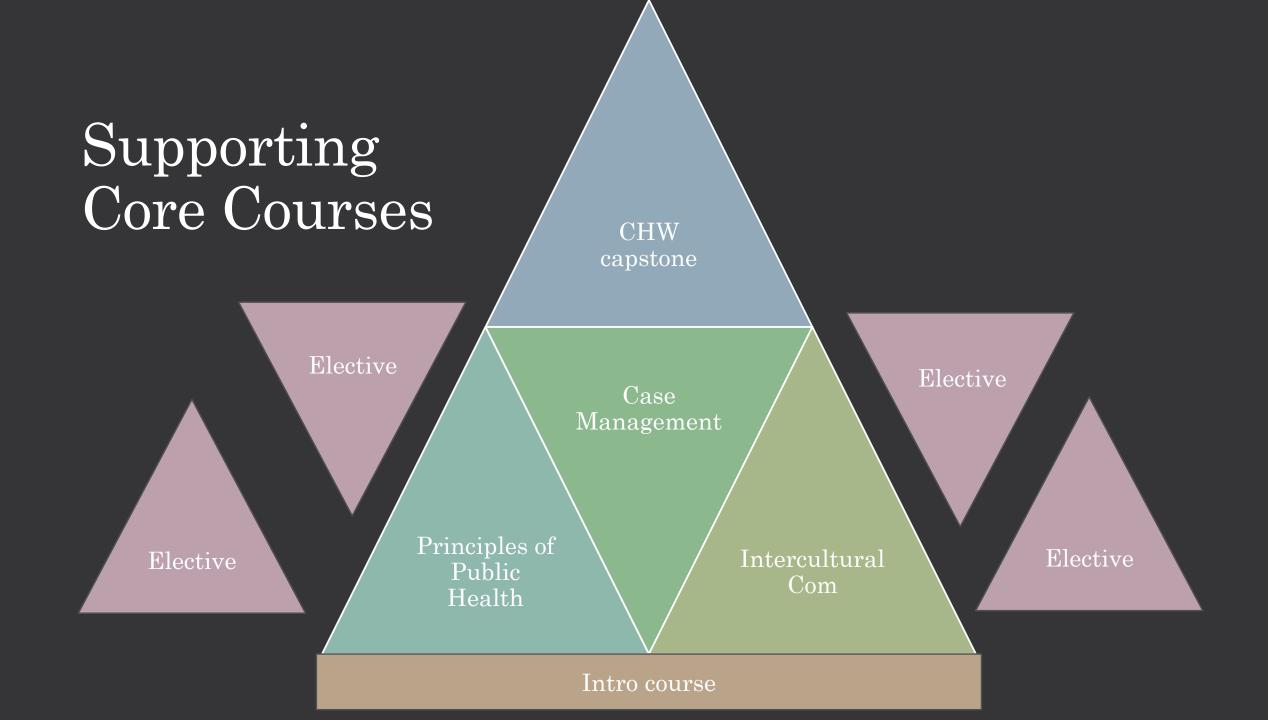
# Prescriptive • 27-30 credits little to no elective

choice

#### Flexible

• 18 credit core with 9-12 elective choice

### **Decision** Point



### Capstone Course: Community Health Worker Fundamentals

Role of the CHW	Relationship building and communication	Cultural and linguistic competence
Navigation of intersecting systems	Education, coaching, and motivational interviewing skills	Capacity building and outreach
Legal and ethical responsibilities	Advocacy, examination of social determinants and health disparities	Assessment, effectiveness, and research

### Poll/Discussion

# Do the core courses provide a holistic foundation for CHW practice?

If not, what elements are missing or underemphasized?

- AHS 1205 Medical Terminology
- AHS 2120 Wellness for Life
- BIO 1140 Human Biology
- PSY 1010 Introduction to Psychology
- PSY 1050 Human Growth and Development
- PSY 1060 Introduction to Health Psychology
- PSY 1130 Introduction to Substance Use Disorders
- PSY 2155 Trauma: Origins & Impacts
- SWK 2070 Social Justice & Public Policy

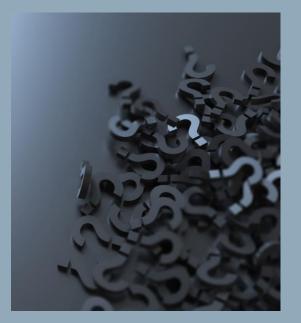
### Poll

- Which of these, if any, should be elevated to a core course?
- What, if anything, should be added to this list?
- Which of these, if any, are irrelevant to the CHW role?

### Work-Based Learning

How important is a work-based learning experience (internship) within the certificate?

•Very important and should be included in core courses
•Somewhat important and should be part of the electives
•Not important or may be difficult due to the nature of the work

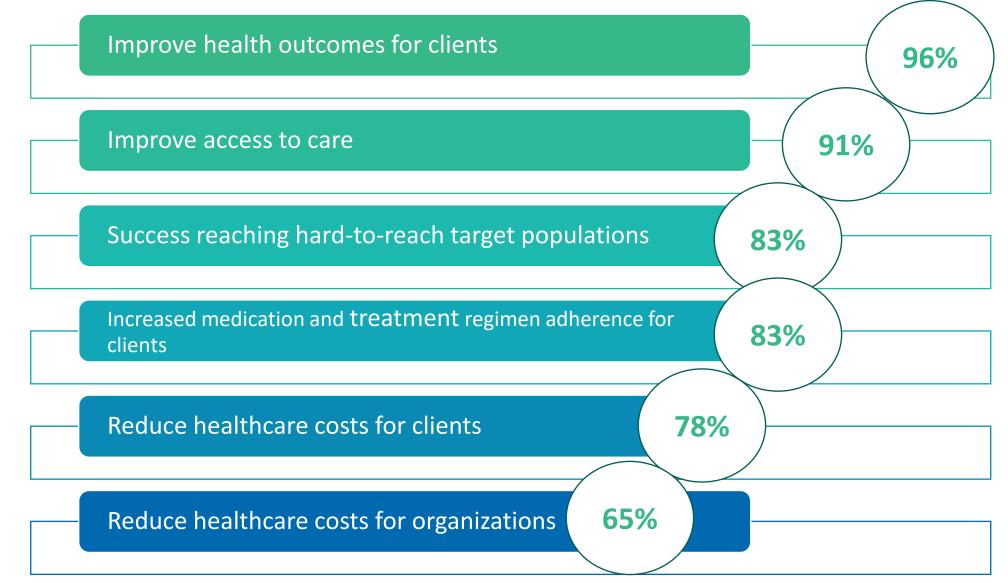


# Additional Thoughts, Considerations, or Questions

# LUNCH NETWORKING

# INTEGRATION OF CHWS

#### WHAT BENEFITS DO YOU PERCEIVE COMMUNITY HEALTH WORKERS HAVE CONTRIBUTED TO YOUR ORGANIZATION?

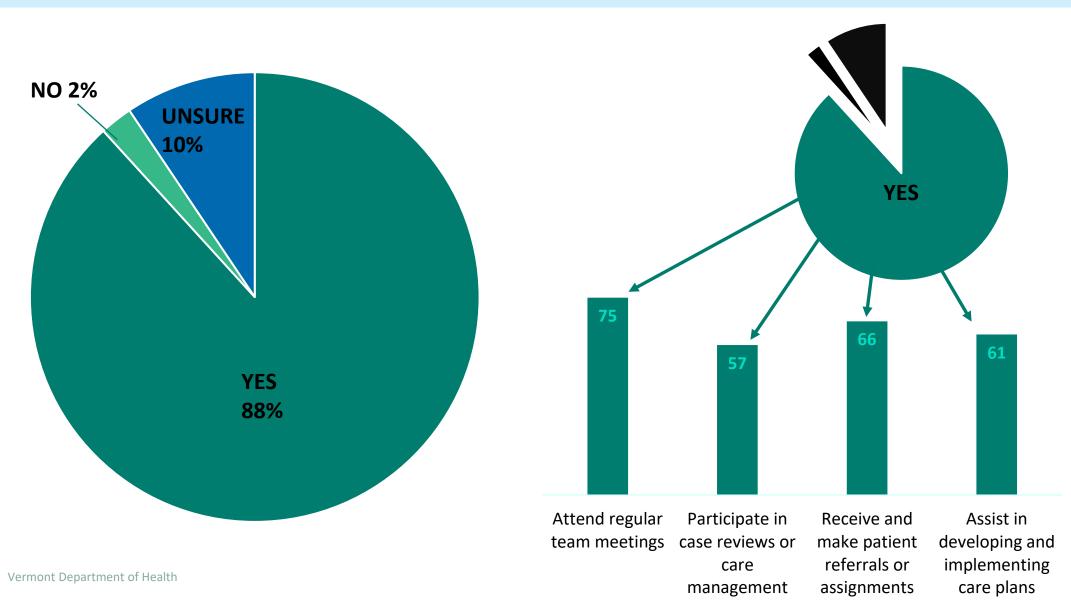


# Planning

# Implementing

## Sustaining

#### IS YOUR ROLE (or are you) INCLUDED IN YOUR ORGANIZATION'S APPROACH TO TEAM-BASED CARE?

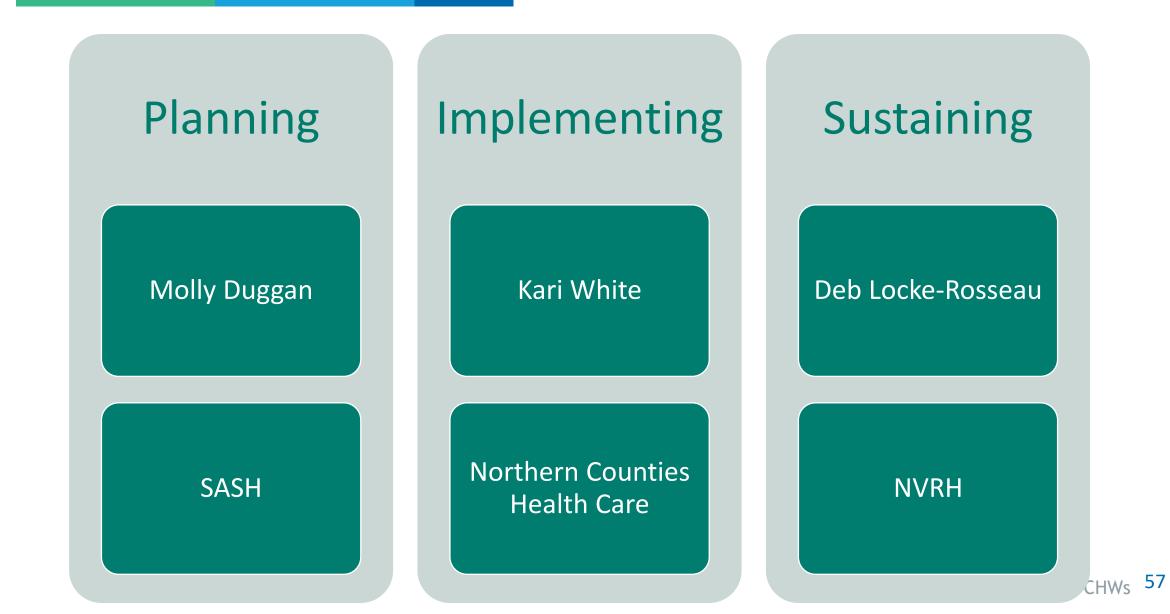


INDICATE THE LEVEL OF COMMUNITY HEALTH WORKER INTEGRATION INTO YOUR ORGANIZATION'S TEAM-BASED CARE AND WORKFLOW CHW-Supervisor's Survey

CHWs are available if providers want to engage with them	67%
CHWs participate in interdisciplinary team meetings	67%
CHWs have access to the electronic medical record (EMR) or electronic health record (EHR)	63%
CHWs are utilized by some providers but not others	54%
CHWs work within the clinical setting	50%
CHWs are essential team members and used by all providers	46%
None of the above	13%
We offer peer support, recovery coaching, group supports	4%







# WRAP UP

# COMMUNITY HEALTH WORKERS OF VERMONT

What else could we do to bring solidarity to CHW's in Vermont?

