

Community Health Worker Core Skills

1.	Co	ommunication Skills			
	a.	Ability to use language confidently			
	b.	Ability to use language in ways that engage and motivate			
	c.	Ability to communicate using plain and clear language			
	d.	Ability to communicate with empathy			
	e.	Ability to listen actively			
	f.	Ability to prepare written communication including electronic communication			
	g.	Ability to document work			
	h.	Ability to use the language of the community served (may not be fluent in			
		language of all communities served)			
2.					
	a.	Ability to provide informal counseling and social support			
	b.	Ability to conduct self-management coaching			
	c.	Ability to use interviewing techniques (e.g. motivational interviewing)			
	d.	Ability to work as a team member			
	e.	Ability to manage conflict			
	f.	Ability to practice cultural humility			
3.	Sei	rvice Coordination and Navigation Skills			
	a.	Ability to coordinate care (including identifying and accessing resources and			
		overcoming barriers)			
	b.	Ability to make appropriate referrals			
	c.	Ability to facilitate development of an individual and/or group action plan and			
		goal attainment			
	d.	Ability to coordinate CHW activities with clinical and other community services			
	e.	Ability to follow-up and track care and referral outcomes			
4.	Ca	pacity Building Skills			
	a.	Ability to help others identify and develop to their fullest potential			
	b.	Ability to work in ways that increase individual and community empowerment			
	c.	Ability to network, build community connections, and build coalitions			
	d.	Ability to teach self-advocacy skills			
	e.	Ability to conduct community organizing			
5.	TO DESCRIPTION OF THE PROPERTY				
	a.	Ability to contribute to policy development			

b. Ability to advocate for policy change

- c. Ability to speak up for individuals and communities
- 6. Education and Facilitation Skills
 - a. Ability to use empowering and learner-centered teaching strategies
 - b. Ability to use a range of appropriate and effective educational techniques
 - c. Ability to facilitate group discussions and decision-making
 - d. Ability to plan and conduct classes and presentations for a variety of groups
 - e. Ability to seek out appropriate information and respond to questions about pertinent topics
 - f. Ability to find and share requested information
 - g. Ability to collaborate with other educators
 - h. Ability to collect and use information from and with community members

7. Individual and Community Assessment Skills

- a. Ability to participate in individual assessment through observation and active inquiry
- b. Ability to participate in community assessment through observation and active inquiry

8. Outreach Skills

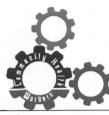
- a. Ability to conduct case-finding, recruitment and follow-up
- b. Ability to prepare and disseminate materials

9. Professional Skills and Conduct

- a. Ability to set goals and to develop and follow a work plan
- b. Ability to balance priorities and to manage time
- c. Ability to use pertinent technology
- d. Ability to pursue continuing education and life-long learning opportunities
- e. Ability to work safely in community and/or clinical settings
- f. Ability to observe ethical and legal standards (e.g. CHW Code of Ethics, Americans with Disabilities Act [ADA], Health Insurance Portability and Accountability Act [HIPAA])
- g. Ability to recognize the implications of mandatory reporting
- h. Ability to participate in professional development of peer CHWs and in networking among CHW groups
- i. Ability to set boundaries and practice self-care

10. Knowledge Base

- a. Knowledge about pertinent health issues
- b. Knowledge about healthy lifestyles and self-care
- c. Knowledge about integration of mental/behavioral and physical health
- d. Knowledge about health behavior theories
- e. Knowledge of basic public health principles
- f. Knowledge about the community served
- g. Knowledge about U.S. health and social service systems
- h. Knowledge about social determinants of health
- i. Knowledge about critical thinking techniques and problem solving



CHW Scope of Practice

CHW scope of practice—a set of standards that outline the roles that the CHW performs, either in part or full. A SKILL is a proficiency acquired or developed through training or experience that allows one to complete a TASK with specific activities, which in turn contribute to fulfilling a larger function or ROLE.

Ro	е	Examples of related tasks
1)	Relationship	Establish client-centered relationships
	development, health	Translate and interpret
	coaching and health	Prepare and disseminate of materials
	promotion	Teach health prevention and maintenance concepts
		Coach and facilitate personal motivation
		Model behavior change
		Promote health literacy
		Implement adult learning strategies
		Facilitate harm reduction strategies
		Support/facilitate treatment adherence
		Lead support and educational groups
		Document activities
2)	Community/cultural	Support community organization
	liaison	Advocate for individuals and communities
		Translate and interpret
		Conduct community strengths/needs assessments
3)	Case management and	Support/facilitate individual and family engagement
	care coordination	Conduct individual strengths/needs assessment
		Address individual basic needs-food, shelter, etc.
		Promote health literacy
		Coach and facilitate personal motivation
		Facilitate goal setting and action planning
		Coordinate referrals and follow-up
		Support/facilitate treatment adherence
		Provide feedback to medical providers
	Y E	Document activities
4)	Home-based support	Support/facilitate individual and family engagement
		Conduct home visits
		Conduct environmental assessment
		Promote health literacy

	Coach and facilitate personal motivation Provide supportive counseling Facilitate action plans Promote/facilitate treatment adherence Document activities
5) System navigation	Translate and interpret Prepare and disseminate materials Promote health literacy Provide patient navigation Address individual basic needs-food, shelter, etc. Coach and facilitate personal motivation Coordinate referrals and follow-ups Document activities
6) Participatory research	Prepare and disseminate materials Advocate for individuals and communities Engage partners in participatory research Facilitate translational research Conduct client-centered interviews Complete computerized data entry and web searches Document activities