





MEDTAPP HEALTHCARE ACCESS INITIATIVE: Impact on Rural Health

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- Government Resource Center Overview
- Medicaid Technical Assistance and Policy Program Overview
- Rural Health Needs in Ohio
- Healthcare Access Initiative Overview
- Healthcare Access Initiative Program Rural Health Highlights
- Healthcare Access Initiative Outcomes
- Question and Answer







Learning Objectives

- Identify barriers to accessing healthcare services in rural Ohio and how MEDTAPP HCA is working to remove these barriers
- Identify the impact of workforce development on population health in rural Ohio
- Identify the impact of connecting academic institutions with community organizations such as federally qualified health centers on access to care for the Medicaid population







The Ohio Colleges of Medicine Government Resource Center

- The Ohio Colleges of Medicine Government Resource Center (GRC) is a public university-based center for health policy research and technical assistance.
- GRC promotes health system transformation by linking expert faculty and staff with health and human services policymakers; providing actionable health services research and evaluation; and offering project development and management services.







Academic Medicine Sponsors



- The Ohio State University-College of Medicine (OSU-COM)
- 2. The University of Cincinnati-College of Medicine (UC-COM)
- Northeast Ohio Medical University-College of Medicine (NEOMED-COM)
- 4. Ohio University-Heritage College of Osteopathic Medicine (OU-HCOM)
- 5. Case Western Reserve University-School of Medicine (CWRU-SOM)
- 6. The University of Toledo-College of Medicine and Life Sciences (UT-COMLS)
- Wright State University-Boonshoft School of Medicine (WSU-BSOM)







State Agency Partners



- 1. Ohio Department of Medicaid (ODM)
- 2. Ohio Department of Health (ODH)
- Ohio Department of Developmental Disabilities (DODD)
- Ohio Department of Mental Health and Addiction Services (OhioMHAS)
- Ohio Department of Higher Education (ODHE)







MEDTAPP Overview

- The Medicaid Technical Assistance and Policy Program (MEDTAPP) enables the use of federal Medicaid administrative funds
- Ohio Department of Medicaid (ODM)/university contract relationship and research partnership to support efficient and effective administration of the Medicaid Program
- Ohio's colleges and universities provide technical assistance to achieve ODM strategic objectives, including:
- MEDTAPP may involve university programs already in progress, and/or existing faculty expertise







MEDTAPP Project Highlights

- Workforce Development
 - Medicaid Technical Assistance and Policy Program (MEDTAPP) Healthcare Access Initiative (HCA)
 - MEDTAPP Health Professions Data Warehouse
- Maternal and Infant Health
 - Care Models Directed at Reducing Ohio's Infant Mortality Rate
 - MEDTAPP Maternal and Child Health Outcomes
 - Best Evidence for Advancing Child Health in Ohio NOW! (BEACON)
- Health Services Research and Data
 - Ohio Medicaid Assessment Survey (OMAS)
- Integrated Physical & Behavioral Health







- An aging population, often with multiple chronic conditions
- Expansion of health insurance coverage
- Insufficient diversity
 - Minority populations are underrepresented, including those from rural communities
- Maldistribution of primary care providers
 - Inadequate supply of primary care, dental, and behavioral health providers in rural Ohio

Ohio Colleges of Medicine

Government Resource Center







MEDTAPP Healthcare Access Initiative (HCA)

The *MEDTAPP Healthcare Access Initiative (HCA)* is Ohio's largest healthcare workforce development program, striving to attract, train, and retain additional healthcare providers to serve Medicaid beneficiaries and develop an enhanced workforce fully skilled to care for Ohio's underserved population.







MEDTAPP HCA In Numbers

- 10 University Partners
- 17 Projects Total
- \$57.1 million in federal funding since HCA's inception
- \$13.9 million in federal funds for projects in SFY 16
- \$14.4 million as university matching funds in SFY 16







Healthcare Access Initiative (HCA)

Project Key Areas of Focus

- Behavioral Health
- o Community Health Workers
- Interprofessional Education
- Community-Based Experiences

Increase Access to Care for Medicaid and Underserved Populations







MEDTAPP HCA Projects



Note: Examples of healthcare professionals engaged in interprofessional training include nursing, medicine, pharmacy, behavioral health, dentistry and rehabilitation sciences.







Rural HCA Projects

- HCA projects in rural Ohio seek to identify barriers to accessing care for Medicaid beneficiaries in rural counties
- HCA learners are trained in interprofessional teamwork, integrated care, and the social determinants of health and are placed in underserved rural communities in an effort to remove barriers to primary care
- Community Health Worker (CHW) initiatives are also underway to address cultural and access barriers in rural Ohio







OU Integrated Mind-Body Medicine Program

Trauma Informed Care training that specializes in rural primary care workforce needs

Residency Training & Support (Mind Body Skills Group)

Clinic-wide training

MEDTAPP Scholars







OU Interprofessional Health Teams

"There are so many aspects to healthcare and this class was like putting all of the missing pieces of the puzzle together for me." Interprofessional Health Care in Rural/Underserved Settings

Interprofessional Grand Rounds







OU Primary Care Scholarship



- Must be in good academic standing and in their fourth year of medical school at time of application.
- Must demonstrate financial need.
- Must intend to enter a primary care residency serving Medicaid populations in the State of Ohio.







OU Community Health Worker

Institutionalizing CHWs in Agencies, FQHCs & OU Programs

- Training in rural counties
 - o Cultural Competency
 - Home visit Safety
 - Motivational Interviewing
- Partners in rural outreach
 - City and county health departments
- Incentivizing



Evaluation







What has having MEDTAPP/HCA initiative learners allowed you to do that you could not otherwise do?
"It is helping to educate and build the workforce in

- behavioral health and integrated care at a faster pace than without it. Thanks!"
- "The initiative sparked our organization on a trajectory of true <u>patient-centered</u> and trauma-informed care. Having MEDTAPP students significantly <u>increased the volume</u> of patients who were able to receive <u>behavioral health</u> services at our sites."
- "This initiative promotes more <u>interdisciplinary</u> <u>interaction</u>. This benefits <u>patient outcomes</u>."
- "We are better able to <u>document improved outcomes</u> for our pregnant patients and their children.".







What has having MEDTAPP/HCA initiative learners allowed you to do that you could not otherwise do?

- "Critical <u>training</u> for students who would otherwise begin careers with no practical community experience."
- "This program has allowed me the opportunity to stress chronic oral diseases as a risk factor to overall health within the <u>underserved populations</u>."
- "Maintain a program with more trainees than would otherwise be possible, and with more Medicaid consumers in their caseload than would otherwise occur."







Summary of Findings

- Considerable variation and innovation in HCA strategies no "one size fits all"
- HCA strategies build on existing and create new relationships with local communities
 - Developing placement sites for learners
 - Having a positive impact on community
- CHWs having impacts in their communities
- Impact of HCA initiative extends beyond numbers
 - Learners train others
 - Spillover effects into communities, schools, etc.







Future Directions

- Increased focus on primary care and patient-centered medical homes
- Increased focus on chronic disease management
- Increased focus on the integration of behavioral health services and primary care
- Supporting the transformation of practices to patientcentered medical homes
- Continued support and development of CHW initiatives







Q & A Session







HCA Team

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