

Official Nebraska Government Website

# NEBRASKA DEPARTMENT OF HEALTH & HUMAN SERVICES

Helping People Live Better Lives

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Good Life. Great Mission.

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**Expanding Access  
by Bridging Care**

## Nebraska Health Navigation


 [CHW Spring 2018 Application.pdf](#)

The online Nebraska Department of Health and Human Services' Health Navigation course has been designed for individuals working in communities who can connect people to health services. The training is for those Community Health Workers, Health Navigators, social workers, nurses, advocates, survivors and individuals interested in helping their communities.

Those who take part in the training can receive increased confidence as well as increased credibility in the community, ability to have a flexible schedule and increase client services.

The online course was developed so that the materials could be offered in a more practical way, allowing greater access and availability.

### How to Get Involved?

- Click  [HERE](#) for Spring 2018 application, fill it out and submit.
- Submit a Supervisor/Accountability Endorsement application from your employer (if applicable)

Your application will be reviewed. Upon approval an email will be sent to you notifying you of the start date of the next online course.

### Online Course Training

The core competency modules include skills and strategies that will assist Community Health Workers in being successful in their roles:

- Organizational Skills
- Documentation Skills
- Assessment Skills
- Service Coordination Skills

In order to successfully navigate patients through the healthcare system, modules will be offered

around the following health topics:

- Colorectal Health
- Cardiovascular Disease
- Breast Health
- Cervical Health

Besides the topic-specific content, each module contains forums, resource activities with documents to download for placement into a resource manual, an audio case study with an assignment, and a quiz. Each module is open for one week and the quiz opens at the end of the week.

### **On-Sight Training**

Critical to this course are three on-sight training days. The first in-person session begins the course and introduces the participant to:

- Health Navigator Roles and Boundaries
- Communication
- Cultural Competency
- Introduction to Online Learning

The final two in-person days will take place towards the end of the course. These days are designed to give participants a chance to debrief on the online learning process and course, learn new skills such as taking a blood pressure, receive helpful information about diabetes, and develop a case presentation based on the case studies from the online modules. To further enhance skills, the Community Health Worker will participate in a Community Health Worker Capstone Project to finish the course. More information regarding the capstone project will be given during week 1 of the course.

#### [Health Navigation Home](#)

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